

Montgomery County
Department of Health and Human Services
Aging and Disability Services

Community Support Network News

Montgomery County Department of Health & Human Services
Aging & Disability Services
Community Support Network

Spring 2006

Inside this issue:

Presents the

9th Annual Resource Fair “A Treasure of Resources”

*Featuring products, services and resource information for children
and adults with disabilities. Over 70 providers of services &
programs will be present at the fair.*

Date: Wednesday April 26, 2006

Time: Doors are open from 2:00 to 7:00pm

Location: University of Maryland-Shady Grove Center
9630 Gudelsky Drive (Building II)
Rockville, MD 20850

ADMISSION & PARKING ARE FREE!!

**FOR FURTHER INFORMATION CONTACT THE FAIR SPONSOR
(240) 777-1216 OR TTY (240) 777-1217**

**If you need any services or aids to participate in this event,
please call (240) 777-1216 at least 2 weeks prior to the fair.**

Directions: From 270, take exit 8B (Shady Grove Road West). Go about 2 miles and
cross through the intersection of Darnestown Road. Take the 1st right on Gudelsky
Way. At the stop sign turn left on Gudelsky Drive. Follow around to Building II #9630



Helping to Make Your Community Links



APRIL 2006						
Su	Mo	Tu	We	Th	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29

MAY 2006						
Su	Mo	Tu	We	Th	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JUNE 2006						
Su	Mo	Tu	We	Th	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Calendar of Events

April 2005

1 26th Annual Montgomery County Women's Fair

The Fair is a leading forum on women's issues featuring workshops, keynote speaker, exhibits, and networking. Bethesda North Marriott Conference Center, Bethesda, 8:30 a.m.-4 p.m., \$, H, 301-649-5551, www.mcwomensfair.org.

13, 14, 15, 17, 22, 23 Hayride in Bunnyland



Bring your basket, hunt for eggs, take a hayride in Bunnyland. Visit Butler's "Country Bunny" barnyard buddies. Butler's Orchard, Germantown, Thursday-Saturday, Monday 9 a.m.-3 p.m., \$, H, 301-972-3299, www.butlersorchard.com.

22 Bark in the Park Dog Festival



Loyalty is rewarded as dogs and their owners participate in a bone hunt, costume parade, obstacle course, and more. Vendors and resource information will be available as well. Bohrer Park at Summit Hall Farm, Gaithersburg, 12 noon-3 p.m., \$, H, 301-258-6350, www.gaithersburgmd.gov.

23 AGA-BOOM

This theatre of physical comedy and circus acts was nominated for the Ovation Award this year after a successful 5-week run at the New Victory Theater in New York in the 2004-2005 season. Music Center at Strathmore, North Bethesda, 2 & 7 p.m., \$, H, 301-581-5100, www.strathmore.org.

29 Family Day

Celebrate the opening of the carousel at a special day for families. There will be games, food, dancing, entertainment and carousel rides! Glen Echo Park, Glen Echo, 11 a.m.-6 p.m., H, 301-634-2222, www.glenechopark.org.



May 2006

4, 11, 18, 25 Summer Concert Series

Summer concerts feature local live bands performing the region's best in rock, swing, jazz, pop and international. Veterans Park (corner of Woodmont and Norfolk Aves., Bethesda, 6-8 p.m., H, 301-215-6660, www.bethesda.org.



7 Audubon Nature Fair

Celebrate the wonders of nature through hands-on activities, music and storytelling at the Audubon Naturalist Society's 40-acre nature sanctuary. Woodend Nature Sanctuary, Chevy Chase, 11 a.m.-5 p.m., \$, H, 301-652-9188, www.audubonnaturalist.org.

28 & 29 Hometown Holidays

The City of Rockville's premier Memorial Day Weekend Celebration which includes free concerts, Taste of Rockville and many more exciting activities. Rockville Town Center, Rockville, time TBA, H, 240-314-8600, www.rockvillemd.gov.



30 Gaithersburg Memorial Day Ceremony

Gaithersburg joins the nation in honoring all who have given their lives in military service. Christman Park, Gaithersburg, 11 a.m., H, 301-258-6350, www.gaithersburgmd.gov.



30 Rockville Memorial Day Parade

One of the largest Memorial Day Parades in the Washington, DC area. N. Washington St. in Rockville Town Center, Rockville, 9 a.m.-1 p.m., H, 240-314-8600, www.rockvillemd.gov.

June 2006

2, 3, 9, 10, 16, 17, 23, 24, 30 Summer Concert Series

Free outdoor concerts on the patio. RIO Entertainment Center, Gaithersburg, 6-9 p.m., H, 301-921-4686, www.rioentertainmentcenter.com.

3 Strawberry Festival

Crafts, children's games, live animals, music, strawberry treats, food, hay rides, and black-smithing, rope making and basket weaving demonstrations. Sandy Spring Museum, Sandy Spring, 10 am. -5 p.m., \$, H, 301-774-0022, www.sandyspringmuseum.org.



3 Imagination Bethesda

A children's street festival featuring performers, giveaways and hands-on activities for the 12 and under crowd. Woodmont Avenue & Elm St., Bethesda, 11 a.m.-4 p.m., H, 301-215-6660, www.bethesda.org.



8, 15, 22, 29 Silver Spring Swings Summer Concert Series

Family entertainment featuring cool/hot swinging/jazzy/rhythm & blues/latin/rock 'n' rollin' sounds. Silver Plaza on Ellsworth Drive at the fountain, Silver Spring, 7-9 p.m., H, www.silversprUng.com.

24 & 25 Heritage Days

Spend your weekend exploring, discovering and learning about Montgomery County's exciting past at this free county-wide event. 30 + sites in Montgomery County, 12 noon-4 p.m., H*, 301-515-0753, www.heritagemontgomery.org.



World of Possibilities Disabilities Expo



Caring Communities is excited to announce that the World of Possibilities Disabilities Expo is scheduled for May 19-21, 2006 at the Maryland State Fairgrounds in Timonium, Maryland.

New to the Expo this year, Caring Communities is adding an extra day to enjoy the exhibits, featuring Sunday May 21st as *"IMAGINE THE POSSIBILITIES AUTISM DAY"*! Pathfinders for Autism, the sponsoring organization, is working with Caring Communities to plan this incredible day which will highlight an autism pavilion of support resources, targeted autism-related augmentative communication/assistive technology exhibitors, autism-related workshops and more! In addition, Caring Communities will be launching their new World of Possibilities Magazine at the expo!!

You should not miss the World of Possibilities Disabilities Expo if you are a family caregiver, individual with a disability, senior citizen, baby-boomer, healthcare provider or educator! World of Possibilities is the largest and most anticipated disabilities event in the Mid-Atlantic Region which includes three full days of: Durable medical products and resources * Assistive and adaptive equipment * Local agencies and support groups * Informative workshops * Free benefits planning and help desk * Product demonstrations * Exhibitors and attendees from across America (and outside the U.S.) * Plays * Art Exhibits * Strolling entertainers * Raffles and giveaways * Celebrities and mascots * Free wheelchair rentals and free repair services! * First aid station on site * Personal care attendants *

The Fair offers free admission and free parking. For more information, please contact Caring Communities at 1-866-227-4644 or click on <http://www.caringcommunities.org/>

April is the Month of the Young Child



Once again Montgomery County Department of Health and Human Services Early Childhood is leading a multi-agency effort to transform Lakeforest Mall and Westfield Shoppingtown at Wheaton into gigantic festivals for children and families during April, the Month of the Young Child.

Families can enjoy:

- *Entertainment
- *Special parent-child activities
- *Information about resources for children & families
- *Door prizes

Save the dates of Saturday, April 1, 2006 at Lakeforest Mall in Gaithersburg, Maryland and Saturday, April 22, 2006 at Westfield Shoppingtown – Wheaton in Wheaton, Maryland. For more information, please contact Beth Molesworth at Beth.Molesworth@montgomerycountymd.gov or 240-777-1331.

Best Buddies Introduces e-Buddies



Best Buddies International is a not-for-profit organization dedicated to enhancing the lives of people with intellectual disabilities by providing opportunities for one-to-one friendships and integrated employment. Since 1989, Best Buddies has built friendships in middle schools, high schools and colleges all over the world. In an effort to create more life-enhancing friendships, Best Buddies has developed an innovative new program called e-Buddies, an e-mail pen pal program.

Individuals are matched in e-mail friendships based on age, gender, geography, and similar interests. Once matched, pairs agree to e-mail each other at least once a week for a year. In this way, e-Buddies provides people over the age of ten who have intellectual disabilities an opportunity to develop new friendships while acquiring much needed computer skills. Additionally, e-Buddies participants develop useful reading and writing skills that are transferable to other aspects of life.

Easy to use and extremely safe, e-Buddies introduces the digital world to people who would not normally experience it. And most importantly, we have a waiting list of volunteers who want to form friendships. To be paired with your new e-Buddy, simply go to www.ebuddies.org and click on *Join e-Buddies*.

Walk for Autism Research

Save the date for Walk F.A.R. for NAAR National Capital Area Walk for Autism Research. The 5th Annual Walk will be held on Sunday May 7, 2006 at the Montgomery County Fairgrounds in Gaithersburg, Maryland. For more information, contact Dale Glass, National Capital Regional Director, at the National Alliance for Autism Research at 301-519-0770 or log onto www.autismwalk.org/wdc



Walk for the Mind of America

Sunday April 30, 2006 is the Walk for the Mind of America sponsored by NAMI, the National Alliance on Mental Illness. NAMI members and supporters from all over the State of Maryland will walk to raise funds for the training of teachers for Family to Family, Peer to Peer classes and support group facilitators as well as for advocacy in Annapolis for people with mental illness. For more information, contact the NAMI office at 301-949-5852.

Caregiving Information through "Share the Care" Model

Sharethecaregiving, Inc. is a 501c3 not-for-profit organization dedicated to educating the public, health professionals and clergy about group caregiving as a proven option for meeting the needs of the seriously ill or dying, those in rehabilitation, the elderly in need of assistance and their caregivers. Sharethecaregiving uses a widely adopted group caregiving model known as SHARE THE CARE.

The SHARE THE CARE model provides a road map on how to take a group of ordinary individuals (comprised of friends, relatives, neighbors, coworkers, and acquaintances) and turn them into a "caregiver family" to provide individuals and families with the help they need to meet the daily challenges of caregiving.

Sheila Warnock founded sharethecaregiving in memory of her best friend and co-author, the late Cappy Capossela. Sheila also revised and updated the SHARE THE CARE model for a second edition due out in bookstores in November, 2004 (National Family Caregiver's Month). It contains valuable new information pioneered by "Cappy's Brain Trust" as well as many wonderful ideas and contributions from Share The Care groups all around the country.

For more information on Share the Caregiving, visit their website at www.sharethecare.org





Summer Camps for Children & Youth with Disabilities 2006

Below is a listing of summer camps that serve children with developmental disabilities. Please contact the camp regarding specific dates, times and fees.

Things to remember when registering for a camp:

- *Most camps operate for two week sessions and some charge by the week. Camps usually charge a camp tuition/fee and often additional charges for before and after camp care. They may also have additional fees attached for trips and snacks.
- *Remember most camps do not offer transportation.
- *Many of the camps require a medical release and/or an immunization record for participation.
- *One to one staffing for a camper should be discussed with camp director prior to registration.
- *Many of the camps offer outdoor activities and swimming.
- *Be sure to ask about the accessibility of all camp activities.
- *Remember camp is also a time for fun and enjoyment.
- *Remember to pack Sunblock for your camper.



KEY for Camp Type: I = Inclusion camp(s)
R = Residential/overnight camp
S = Self contained special needs camp

Montgomery County
Department of Recreation
Therapeutic Recreation
Phone: 301 -468-4540
Ages served: 3 to 21 years
Camp Type: I & S
Offers 5 special needs camps and
2 co-sponsored camps with MCPS
and UCP. Additionally inclusion
opportunities are available into the
numerous general day camps.

Camp Greentop
Phone: 410-323-0500
Ages served: 7 to 21 years
Camp Type: S/R

Camp JCC
Phone: 301-230-3741
Ages served: 2 to 21 years
Camp Type: I & S



Camp Littlefoot
Phone: 301-738-9691
Ages served: 3 to 14 years
Camp Type: S

Camp Little Movers
Phone: 301-469-0223 ext. 176
Ages served: 4 to 6 years
Camp Type: I & S

Easter Seals Camp Fairlee Manor
Phone: 410-778-0566
Ages served: 6 to adulthood
Camp Type: S/R

Melwood Access Adventures
Phone: 301-870-3226
Ages served: 14 to adulthood
Camp Type: S/R

Kamp A-Komp-Plish
Phone: 301-870-3226
Ages served: 8 to 16 years
Camp Type: S/R/I

Over the Rainbow Camp
Kids Therapy Works
Phone: 301-384-5081
Ages served: 4 to 12 years
Camp Type: S

Reginald S. Lourie Center for
Infants and Young Children
Phone: 301-984-4444
Ages served: 3 to 5 years
Camp Type: S

Sense-Ational Playtime, Therapeutic Mini
Camp
Phone: 301-942-6006, ext. 4
Ages served: 3 to 5
Camp Type: S

The following are programs and child care
centers that offer summer camp opportunities:

Community Support Services
Phone: 301-926-2300
Ages served: 6 to 21 years
Camp Type: S

Kennedy Institute—Community Companions
Phone: 301-251-2860
Ages served: 6 to 21 years
Camp Type: S

The ARC—After All Program
Phone: 301-681-4623
Ages served: 9 to 21 years
Camp Type: S & I

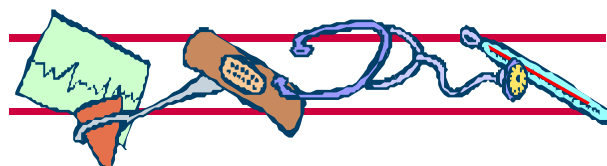


“My Health - My Decision”...An Invaluable Resource For Self-Advocates in Montgomery County

It is likely we all agree that services for people with developmental disabilities are most effective when offered in partnership with, rather than provided to, the individual. This includes healthcare services too.

“My Health – My Decision” is a unique component of a larger education initiative regarding medical informed consent. The *“My Health – My Decision”* curriculum was developed by a team of people with disabilities and support professionals to introduce skills people need to be meaningfully involved in their healthcare decisions. The fundamental difference is that MHMD is presented by people with disabilities who are paid for their time and talent, with support from trained staff.

Additional trainers are needed for the Montgomery County provider community. A one day Train-the-Trainer (TOT) session will be provided for interested self-advocates, along with a support staff. All materials will be provided. If interested, please contact Zoe Millard at (301) 926-9557 or zmillard@arcfc.org by April 30, 2006.



Montgomery County
Department of Health & Human Services
Aging and Disability Services
Community Support Network
11 N. Washington Street
Suite 450
Rockville, Maryland 20850



Free Educational Seminars For Parents And Caregivers Of Individuals With Developmental Disabilities

Montgomery County Department of Health & Human Services (MCDHHS), in collaboration with the Jewish Social Service Agency (JSSA), is pleased to sponsor seminars for parents and caregivers of individuals with developmental disabilities. All seminars are free for participants, however **registration is required**. The following seminars are coming up:

Tuesday	April 4, 2006	Future & Estate Planning	6:45 p.m.—9 p.m.
Tuesday	May 9, 2006	Advance Health Care Directives and the 5 Wishes Document**	6:45 p.m.—9 p.m.

**** Seating for this seminar is limited to 25 participants.**

All seminars are held at MCDHHS, 401 Hungerford Drive, First Floor, Tan Conference Room, Rockville, Maryland 20850. For more information or to register, please call 240-777-1216 or TTY 240-777-1217. Space is limited. If you require assistance in order to participate, please call 240-777-1216 one week prior to the seminar date.
